

The Fort Huachuca Scout®



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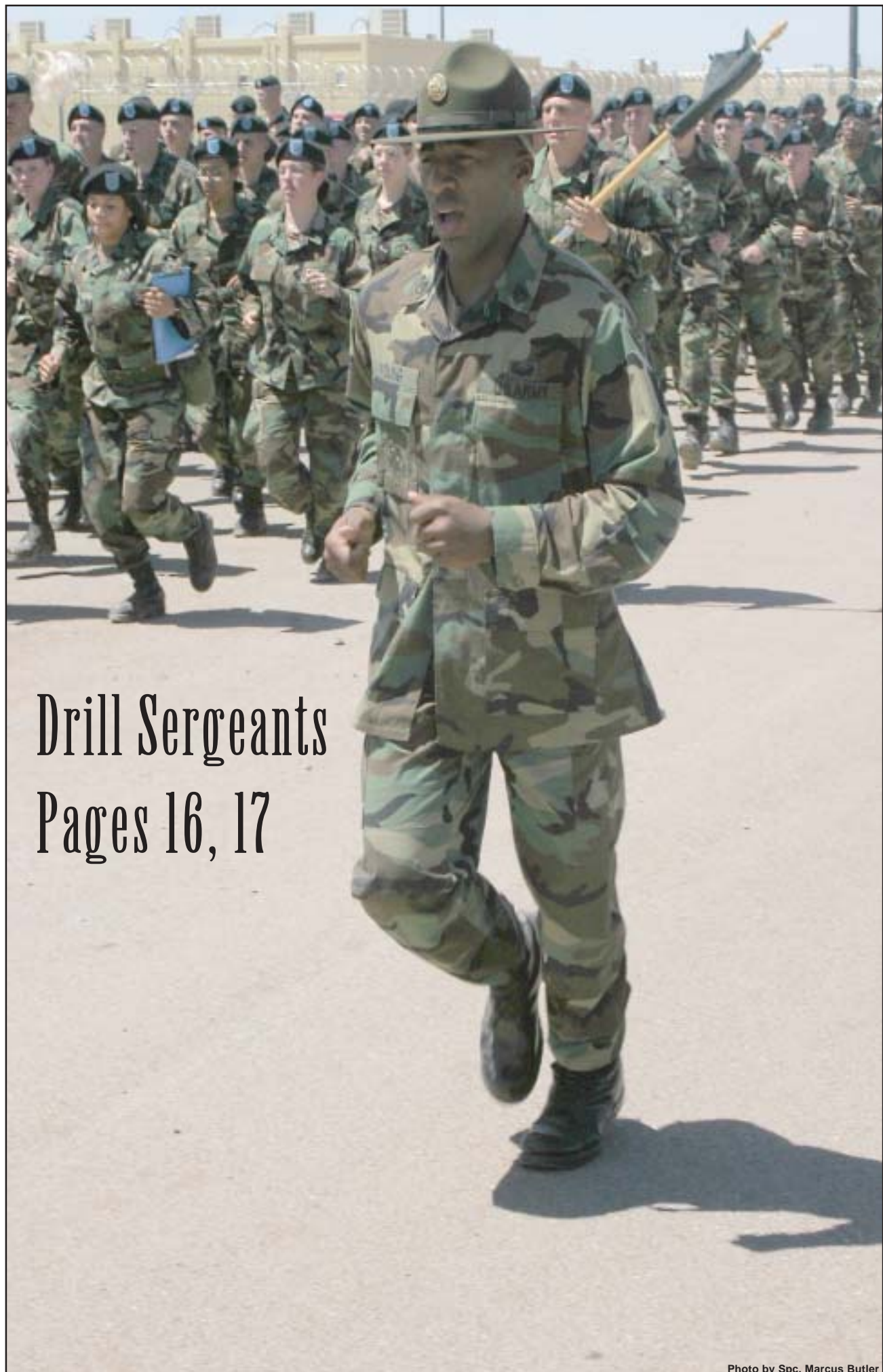
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Photo by Spc. Marcus Butler

Get ready, get set, die!

ARMY NEWS SERVICE

This motorcycle story appeared in the U.S. Army safety center's January-February 2005 issue of *Impax* (www.safety.army.mil/pages/media/pubs/impax/impaxJanFeb05.doc)

Impacts

Impacts—twisted steel and mangled bodies. The impacts of a motorcycle, its operator and passenger striking a fence and then the ground at high speed. Impacts—a Soldier near death and another dying. The impacts of their choice to not wear helmets, a choice that made their impact with the unyielding ground even more devastating. Yet these impacts were not the only ones that led to tragedy that night. All too often when people ignore safety, dangerous decisions lead to deadly impacts.

So what happened? Two Soldiers who'd been friends since they'd met in advanced individual training were staying with their respective girlfriends, who lived next door to each other. On the night of the accident both Soldiers—we'll call them "Mike" and "John"—met at one girl's home and started drinking hard liquor. After drinking for a couple of hours they decided to go to a local club, so they hopped on Mike's motorcycle and hit the road. Neither of them was wearing a helmet.

After arriving at the club Mike and John socialized with some local patrons for about an hour, by which time both Soldiers were feeling the alcohol's effects. Just before 11 p.m., the Soldiers' friends decided to leave. Mike and John also thought it would be a good idea to head home, so they followed their friends out of the club. Both Soldiers got on the motorcycle, again without helmets, and followed their friends' SUV out of the parking lot.

As Mike and John traveled down a four-lane road, Mike "popped a wheelie" at about 45 mph and accelerated to more than 90 mph. He went less than a half-mile before going through a "T" intersection, hitting the curb on the far side, and then running into a perimeter fence. Mike and John were thrown from the motorcycle, and both suffered serious head injuries. Fortunately for Mike, the SUV arrived at the intersection soon after the accident and a passenger called for help. Had it not been for that call, Mike probably would not have lived. John was not so fortunate; he died from his injuries.

While it is true this accident could have been avoided if Mike had been sober, riding a motorcycle puts even experienced and sober operators at risk. This is why the Army has established policy that requires Soldiers who ride motorcycles to wear personal protective equipment whenever they're riding, whether on or off post, and regardless of state motorcycle laws. This policy also applies to civilians who ride motorcycles on post or while on government business off post. Wearing protective equipment is a requirement, not an option!

Commanders must ensure each leader knows these requirements—especially in states that don't require motorcyclists to wear helmets—and take appropriate action when Soldiers and civilians don't follow the standards. The "Statement of Motorcycle/ATV Operator Requirements and Individual Responsibilities," available online in the POV Toolbox at www.safety.army.mil/home.html, provides those standards. For easy reference, here is a list of the required personal protective equipment:

- * A helmet certified to meet Department of Transportation standards. Helmets must be properly fastened under the chin. If stationed outside the continental U.S. and the host nation does not have an equivalent helmet standard, the helmet will meet the U.S. DOT standard. DOD requires the use of a helmet, even in those states where helmets are not required by state traffic law.

- * Impact or shatter-resistant goggles, or a

full-face shield properly attached to the helmet. A windshield or eyeglasses alone are not proper eye protection.

- * Sturdy footwear is mandatory. Leather boots or over-the-ankle shoes are required.

- * Long-sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle or all-terrain vehicle.

- * A brightly colored outer upper garment during the day and a reflective upper garment during the night are required. The outer upper garment shall be clearly visible and not covered. Note: Check with the safety office to get specific state, local, and installation requirements related to reflective equipment.

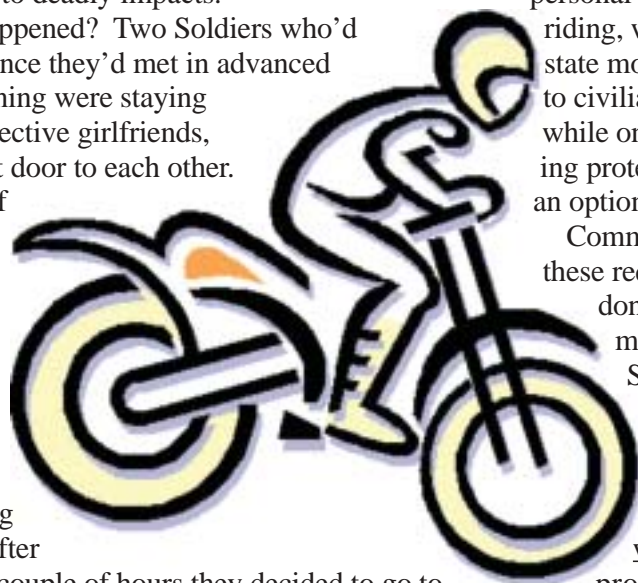
In addition to the above requirements, riders should also wear shin and knee guards.

You're responsible

If you fail to get properly licensed or don't wear your protective gear and have an accident, you could end up facing some serious consequences. If the investigating officer determines your accident was "not-in-line of duty due to own misconduct," you could end up paying your medical bills. You also could lose your disability or separation pay, along with veteran's rights such as education benefits. Your Servicemen's Group Life Insurance benefit is not in jeopardy and will be paid to whomever you have designated. But will that really replace you to your family and friends?

This article is based upon an accident investigation conducted by the U.S. Army Combat Readiness Center. For more information, contact the author at (334) 255-2256, DSN 558-2256, or e-mail adamsp@safetycenter.army.mil.

Section Note: "Skid Marx" is the section of IMPAX magazine devoted to stories on vehicle accidents. Those stories will include accident investigation articles such as the one above, and personal experience stories submitted by readers. Also included will be our "Briefs" section, which will provide short synopses of privately owned vehicle and personal injury reports.



The Fort Huachuca Scout

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Safety message from the Secretary of Defense

Hundreds of Department of Defense military and civilian personnel died last year in private motor vehicle accidents between Memorial Day and Labor Day. This is needless loss of life. I ask commanders and supervisors to review your policies pertaining to highway and recreational safety. Points to emphasize include:

- * Seatbelts save lives. Use them.
- * Do not drink and drive a car or recreational vehicle.
- * Safety equipment can help. Many states require the use of protective gear while operating motorcycles and other recreational vehicles. Review base and installation policies to ensure they

are in line with the latest federal, state and local statutes and guidelines.

* The summer is a time for many of us to spend a little more time on leave and vacation with family and friends. Enjoy it, but be smart and be safe.

Donald Rumsfeld



Photo by Sgt. Joy Pariente

Fire training

National Guard Soldiers from Navajo Army Depot in Northern Arizona receive fire fighting training at Fort Huachuca. Sgt. Jarvis James, Sgt. Michael Greenwalt, Spc. Lucy Smith and Pfc. William Young have been training with the post fire department to familiarize themselves with the techniques and equipment currently in use for fire fighting in the Army, with an emphasis on structural and aircraft rescue fire fighting.

Fort's May water use lowest in 23-year period

BY TANJA LINTON

USAIC&FH MEDIA RELATIONS OFFICER

May's water pumpage is the lowest May on record for the 23-year period the fort has been monitoring water use.

The water pumpage for May was 45,628,000 gallons or 140 acre-feet and is equivalent to 1.5 million gallons per day. The May pumpage was 7.9 percent less than that pumped in May 2004 (152 acre-feet) and is 48 percent less than the 23-year (1982-2004) May average (269 acre-feet). Total water pumped year-to-date (571 acre-feet) was 0.07 percent less than that pumped in 2004 (575 acre-feet).

May water use at the U.S. Department of Agriculture Forest Service Air Tanker

Station at Libby Army Airfield was 69,161 gallons. Year-to-date water use at the tanker station was 69,272 gallons or 0.21 acre-feet.

Treated effluent reuse for May was 49 acre-feet. Year-to-date effluent reuse is 113.4 acre-feet. This is water that did not have to be pumped from the groundwater aquifer (a water and energy savings) to irrigate the golf course, Chaffee Parade Field and Prosser Village.

Treated effluent for May delivered to the East Range Recharge Facility was 13.5 acre-feet. Year-to-date treated effluent recharge is 181.5 acre-feet.

The Water Wise and Energy Smart and aggressive water leak detection programs contributed to the lower water use in May.

Arizona tax exemption for active duty military residents

SCOUT REPORTS

The Arizona Legislature has passed legislation that would exempt active duty military personnel, who are Arizona residents, from Arizona state income tax on their active duty pay. This measure is included in the FY 2006 Budget that has already been signed by the governor and will be effective beginning Jan. 1. This exemption will apply to all active duty military personnel, who maintain Arizona as their home of record, regardless of where they are assigned. While active duty pay is now exempt from taxation while personnel are assigned to designated combat zones, this new legislation will extend that exemption to active duty pay regardless of where they are assigned world wide.

This measure had strong backing in

both the Senate and House. The Senate passed the bill with a margin of 29 to 1 and in the House it passed by a margin of 48 to 4 and eight who did not vote.

The Coronado Chapter Military Officers Association of America personnel urged passage of Arizona Senate Bill SB 1027 that addressed this measure. Through extensive e-mailings, letters and phone calls during the three months preceding passage, senators and representatives were constantly reminded that Veterans, survivors (widows of Veterans) and friends of Veterans were behind the bill. And the effort was not limited to only MOAA members. Other Veterans groups and Veterans, both officers and enlisted, were included in the e-mails that stimulated this effort, and some of those addressees forwarded the e-mails to other groups within the state.

NETCOM officer awarded Bronze Star

BY SGT. JOY PARIANTE
SCOUT STAFF

Maj. Rick Baynes was awarded the Bronze Star Medal for his service in Afghanistan in 2002.

Baynes, who is currently the Network Enterprise and Technology Command logistics officer, was the contingency contract officer for Bagram Air Force Base or, as he was called, "the downtown guy." Baynes' mission involved leaving base daily to make the 40-mile trip to Kabul to do business with local vendors to obtain prod-

ucts needed on base, thereby supplying the base while contributing to the local economy.

Doing business in Afghanistan isn't like going to Wal-Mart and picking what you need off the shelf, paying and leaving, Baynes explained. He had to learn social and business customs of the region. Many shop owners would want you to sit and talk and have coffee or soda with them, Baynes explained, and doing business with one person could take half a day.

During his trips to Kabul,

Baynes and his team had to remain alert for landmines, snipers and locals who had set up guard posts and check points along the route. "I was always accused of driving too fast," Baynes said.

"I didn't think I drove fast enough." Speed is security, Baynes explained.

Moving quickly can help you avoid enemy fire and improvised explosive devices, Baynes said. Baynes also tried to keep his missions low profile by growing a beard and wearing indigenous clothing to blend into the local society.

Baynes said he didn't encounter very much trouble during his trips, perhaps, he speculated, because the people along the route knew what he was bringing into their local community, and they decided to leave him and his companions alone.

Baynes said the climate in Afghanistan is very different from when he was there in the early stages of Operation Enduring Freedom. Soldiers filling his shoes no longer go to Kabul with facial hair and civilian clothes, he said, they're all in uniform. There is a much stron-

ger military presence in the region, and Baynes said he doesn't know if that's good or bad. In the beginning, people were more excited about what America had done for them, he said, but now, more people are rising up against the American presence. "I don't know if it was more dangerous then or now," Baynes said. "Only time will tell."

Since 1944, the Bronze Star Medal has been awarded to members of all the military services for he-

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Equal Opportunity Office is here to help

BY SGT. 1ST CLASS KENNETH B. HUNTER
MILITARY EQUAL OPPORTUNITY OFFICE

The Military Equal Opportunity Office oversees the installation's Equal Opportunity program in compliance with TRADOC, Department of the Army, Department of Defense and other U.S. Government statutes, regulations and principles. The MEO office assists with formal and informal complaint processing, counseling, conflict resolution, information referral, and other assistance. This assistance is provided to military members, DA civilians, and family members who believe they have experienced unlawful discrimination on the basis of color, national origin, race, religion,

gender, and sexual harassment. MEO personnel assist with and sometimes conduct Unit Climate Assessments for commanders at all levels to assess their organization's equal opportunity and treatment climate. Additionally, educational classes are provided to all military and civilian personnel in various human relations' subject matter.

To achieve this goal, MEO executes a number of programs including training in Prevention of Sexual Harassment and Equal Opportunity, the Equal Opportunity Representatives Course, and Consideration of Others Facilitator training. MEO additionally works closely with soldiers and supervisors of military personnel on the installation to increase

their awareness of equal opportunity policies, procedures and programs.

Civilian employees have access to Equal Employment Opportunity. Though the Equal Employment Opportunity and Military Equal Opportunity offices roles serve the same general purpose, what the offices do and how they perform their duties are different.

Like MEO, Equal Employment Opportunity assists with complaints or concerns based on unlawful discrimination on the basis of color, national origin, race, religion, gender, and sexual harassment. However, EEO also handles issues concerning age, physical or mental disability, and/or reprisal in an employment matters.

Former Soldiers return to their first duty station

BY AMANDA KEITH
SCOUT STAFF

Forty-five years ago they couldn't wait to get out of here; on their latest visit though, they hated to go. That's how life works when you go from being a Soldier at your first duty station compared to visiting the place late in life on a cross-country adventure.

In 1959-60, Jim Benedetti of Springfield, Pa., and Donald Crupi of Reading, Pa., were stationed at Fort Huachuca with Company B, 16th Signal Battalion. At the time, they were 19 years old; Benedetti was a cook and Crupi was a radio operator here.

They entered the Army as "volunteers of the draft," Crupi said, and

after their discharge they kept in touch for a while. But their lives went separate ways and 35 years later, Benedetti tracked Crupi down and the two former Soldiers planned a cross-country road trip that included a brief stopover at Fort Huachuca.

"I've just been thinking about it the last ten years - what it looked like ... I'd just like to validate my life, you know, that I was here. It's an important time in your life when you're 19 years old; it's hard to describe just wanting to come back here ... I had a strong urge to do it," Crupi said.

"It's nice to come back to a place where you were as a very young man and to see it again and to reflect on how you thought and how you were at that age, as opposed to how you think and how you are

today at the age of 65," Benedetti said.

The trip gave the former Soldiers a chance to see how much both Fort Huachuca and Sierra Vista have changed in 45 years.

"We just left an area where our company was ... where we were physically at that time, and it's torn down. There's nothing there, but because of the pictures that we had, we can tell ... exactly where we were, where that company was. And we stood on those grounds, which are completely gone now, and looked around," Benedetti said.

They did find the paving where the basketball courts were back then; "[It] no longer exists, just like we shortly won't," Benedetti said.

The former Soldiers will possi-

bly come back to the area, after they locate some other friends and tell of their experiences in the 2005 Fort Huachuca.

The trip also gave the former Soldiers a chance to reflect on their first impressions of the post. Crupi flew into Fort Huachuca at night from Fort Dix, N.J.

"It was just unbelievable, the way it looked ... like you were in another world," Crupi said.

Crupi added that when they got out of the Army, they were anxious to leave, and now, they were anxious to return to Fort Huachuca.

"In a way, I hate to leave it. There's just not enough time to reflect and stay here. It's just a sacred and spiritual place," Crupi said.

Health center offers increased hours for immunizations

RWBHC PRESS RELEASE

The Raymond W. Bliss Army Health Center is offering increased hours of operation for pediatric immunizations and next-day, immunization appointments. These changes were made to assist patients with timeliness of service and the new closed record system.

Children 3 years old and younger will still receive their immunizations at the pediatric clinic, while children 4 years old and older will receive their immunizations at the immunization clinic. The immunization clinic is located in the same hallway as the pediatric clinic; it is the last door on the left, just before the pediatric clinic. The hours of operation for the two clinics are as follows:

Pediatric Clinic immunization hours: Monday, Wednesday, Friday 1 – 4 p.m.

These are for children ages 3 years old and under.

Immunization Clinic hours:

Monday 7:30 a.m. - 11:30/1 – 4 p.m.

Wednesday 1 – 4 p.m.

Thursday 7:30 a.m. - 11:30/1 – 4 p.m.

These are for children ages 4 years old and older.

There will no longer be walk-in immunizations for pediatric patients in either the pediatric clinic or the immunization clinic. To get a next-day appointment at either of the clinics, or if you have any questions call 533-9030 Monday – Friday between the hours of 9:30 – 10:30 a.m.

Self-Care Classes now offered at RWBAHC

Self-Care Classes moved from Murr Community Center to Raymond W. Bliss Army Health Center each Tuesday, beginning at 2:00 p.m. These classes help families get good health information and an over-the-counter medication card that allows them to receive up

to four medications free at the pharmacy. The class teaches parents important skills such as how to treat a fever and common cold symptoms, when to seek medical care and when you can most likely handle your illness with rest and self-care. Also included in this class is a briefing on TRICARE benefits.

The class will move to the Preventive Medicine Wellness and Readiness classroom, which is located on the first floor of the medical center. This class is offered for active duty and TRICARE Prime. While an appointment isn't necessary, it would be helpful to know how many will attend each class. Call 533-3536 to reserve a seat in the class and to get more information.

Family Care Clinic

Tired of waiting to speak to a nurse for health information? In order to get to the person you need, please refer to the list below for your health care needs.

* To make an appointment please call the Central Appointments line at 533-9200.

* If you need self-care information, urgent care or emergency room referral, please call the Nurse Help line at 533-7033.

Please do not call Central Appointments if you need to contact your provider, or if you need assistance with medication refills, referrals, radiology, lab, or other issues. If you do you may needlessly sit in line waiting to speak to someone, only to be referred to another number. To contact your provider please contact their nurse at the following numbers:

* Dr. Christine Lang, Dr. Mark Hendrickson at 533-9047.

* Dr. Suzette Avetian, Maj. Paul LaRue at 533-9291.

* Dr. Ronald Jones, Mr. Eric Haldorson at 533-9138.

If you have any questions or concerns please call Selina Jeanise at 533-5668.

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Experts say new training philosophy will prepare Army to work in joint environment

ARMY NEWS SERVICE

Soldiers will continue to train with members of other services as the Army works to transform its training and to improve its ability to work in a joint environment, Pentagon training experts said this week.

“Training transformation is about making sure that we are focused on training the way we actually fight,” said Dr. Paul W. Mayberry, deputy under secretary of defense for readiness. “That is, as a joint team with the other services, as part of a joint multinational force, with interagencies such as the Departments of Justice and Homeland Security and intergovernmental agencies such as county and local police.”

He said one of the Department

of Defense’s transformation goals is ultimately to create a more joint force to meet the needs of the combatant commander and that transforming DoD training is a key element to achieving that goal.

As Operation Iraqi Freedom and Operation Enduring Freedom continue, the demands are that we have an armed force that is flexible and adaptable, said Mayberry.

The Army’s 2004 Posture Statement said one of the Army’s goals for transformation is to provide relevant and ready land power for combat commanders in a joint force.

Mayberry said training transformation is a means by which the Army can accomplish that objective.

“Maintaining a ready current force today and achieving a trans-

formed future force tomorrow requires a shift in the way units train for joint operations,” according to the posture statement. “Our Army’s Training Transformation Initiative, which supports the June 2004 Defense Department Training Transformation Implementation Plan, provides dynamic, capabilities-based training and mission rehearsal in a joint context.”

Three capabilities form the foundation for training transformation: Joint Knowledge Development and Distribution Capability, Joint National Training Capability and Joint Assessment and Enabling Capability, Mayberry said. Combatant commanders, through these capabilities, will receive better prepared forces that will be more aligned with their joint needs.

Mayberry said the joint knowl-

edge capability is designed to be a library of training courses available through various online outlets that can be taken “just-in-time” or when a Soldier is assigned to a unit in which the training is required.

It’s developing courses that originated through the capability’s working group, Mayberry said. More than 35 organizations, including the Army, are represented on the working group. The courses will better prepare individuals for assignment to the combatant command staffs.

Future joint force leaders must strive to reach new joint education and training standards by continually improving individual knowledge, skills, and abilities to achieve desired effects in decisive opera-

See **TRAINING**, Page A14

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Photo by Sgt. Joy Pariente

Final salute

Command Sgt. Maj. Kurt Richter, command sergeant major, 111th Military Intelligence Brigade, salutes Col. Thomas Kelley, commander, 111th MI Bde. during Richter's retirement and change of responsibility ceremony Friday at Chaffee Parade Field. "He's a great Soldier, a great leader, a great friend and a great man," Kelley said of Richter.

Richter retired from the Army after 30 years of service. "Over the past 30 years it's been an honor and a privilege to serve with the best America has to offer," Richter said.

Taking Richter's place at the Fighting 111th is Command Sgt. Maj. Robert T. Edwards. "Put on your seatbelt, you're in for one heck of a wild ride," Kelley advised the newcomer.

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Cultural awareness key to Army success

BY SGT. SUSAN REDWINE
SCOUT STAFF

According to the Bible, it was the attempted building of the Tower of Babel that resulted in humanity's segregating into different cultures with different languages. Whether or not one subscribes to the Christian view of history, it can be said that overcoming cultural barriers is a challenge that has posed unique problems throughout the ages.

Understanding the people of Iraq is the key to success in that Middle Eastern nation, according to Stephen McFarland, chief of the career management field for the 98-series on Fort Huachuca.

McFarland has been instrumental in developing cultural awareness classes specifically designed for deploying Soldiers.

The courses include studies of all the countries in the Middle East, but they can be tailored to what troops need, McFarland said. Most of the courses taught are geared toward the cultures of Iraq and Afghanistan.

More than 100 hours of classes have developed, but actual courses are usually broken down into 4-, 8- or 16-hour blocks for training deploying troops. The "Train the Trainer" course is a 40-hour block of instruction, McFarland said. The team also develops its program so that it can be distributed on DVD or via the Internet.

The instructors offer several courses, depending on who is being taught and how long the unit has to devote to the classes.

"The future plan is to expand and develop a package for every area in the world where there is a threat," McFarland said.

Bruce Wood is a team leader who spent more than 28 years in the Army before retiring and taking a job as a

teacher for 10 years. He's responsible for the development of the courses as well as how the courses are taught and the validation of the curriculum through TRADOC. The validation process includes teaching Train the Trainer classes at least three times. This way, they can provide feedback and critiques that help the overall quality of the course.

"They're the checks and balances that ensure the quality of the class," he said.

The cultural awareness course is a hot commodity, in addition to the Army's sister services being interested in the information, Border Patrol, the Customs Department and immigration are all interested in training their employees, Wood said.

"We're in a different type of war," Wood said. "We're in a stabilization effort. We're not conquerors or occupiers. To stabilize, we need working relationships with these people and to build these relationships, we have to understand each other."

The class will facilitate our effort in conducting the mission because it will help stop miscommunications, Wood said.

For Arabic culture, he said their lessons go as far back as Abraham and his sons, who are traditionally thought to have gone their separate ways and whose descendants grew into the Arabic and Jewish cultures.

"We try to give a basic knowledge of the area," McFarland said. "We teach heavily in religion because most Americans don't know much about Islam. We get some really good discussions going."

Aside from the religious emphasis, he said students are taught the cultural significance of tribalism in the Middle East. Family comes first, then the tribe or clan, he said.

"If you shame someone in a family, within the next forty years, they're gonna get you back," he said. "They are a very close type of people. The entire family or tribe will come to the aid of a harmed or shamed person."

He said this goes both ways, however. If an insurgent is planning an attack with an improvised explosive device on a convoy and recognizes someone or sees the bumper number of someone who has helped them, the convoy will be allowed to pass unharmed.

"Some people have been invited to weddings and funerals," he said, "but you have to get close to them."

Once the students have learned about the culture, they are then given scenarios to learn how to apply the knowledge. Scenarios include interactions with civilians at a checkpoint, talking to a village elder and how to behave when going into an Arab's home.

"It's difficult [to earn their trust]," he said. "Take off your sunglasses. Let them see your eyes. Be

friendly, talk to them."

The team of seven contractors travels regularly to teach classes all over the Army and has been recently to Fort Knox, Fort Sill and Fort Hood. They have also taught courses for Marine and Navy personnel. The team has completed more than 25 iterations of training since October, he said.

McFarland said their team is very busy and will have to hire more people in the near future. Sometimes classes can be planned months in advance, but he said it's not uncommon to get a call to arrange a class for the following week. He said they currently have classes scheduled as far out as October.

Team members must all have spent time in the Middle East, including three Arab linguists and one with a master's degree in curriculum development, McFarland said. Everyone on the team also has military experience, some are currently reservists.

"Everyone's had boots on the ground over there," he said.

In addition to developing courses for cultures beyond the Middle East, McFarland said TRADOC would like to ultimately put cultural training into all of the military occupational specialty schools, as well as Basic and Advanced Non-commissioned Officers Courses.

"We will not win hearts and minds unless they know where the people are coming from," he said. "If you do not know the culture of a people, you're not going to be able to fit in and understand them and end up making mistakes."

"Do you wear a helmet or do you wear a beret?" Wood questioned. The difference in attitude can enhance the mission and can save lives, he said.

"By treating the indigenous people with respect, they will treat you with respect," he said.

"I passionately feel the importance of this product," Wood said. "I think it will save lives, shorten the time we're in Iraq and increase the effectiveness of the mission."



Courtesy photo from Army News Service

Understanding the family, clan and tribal relationships of Middle Eastern cultures is an important part of the cultural awareness process.

For military retirees and families, planning can save heartache

DEFENSE FINANCE AND ACCOUNTING SERVICE NEWS RELEASE

"By failing to prepare, you are preparing to fail." – Benjamin Franklin

Life can find ways to catch us unprepared. Falling in love, unanticipated fortune or finding the perfect secret fishing hole. Sometimes, it's the pleasant surprises that add the spice to make life interesting and worthwhile.

But it's the surprises that bring the anxious moments and unforeseen heartache, especially to those close to us, that are best avoided.

For some, the idea of death is an unpleasant one best avoided. Unfortunately, death itself cannot be so easily avoided and the failure to plan can cause additional stress for spouses and families when they are least able to cope with it.

"Families can get overwhelmed when tragedy strikes," said Navy Captain Karl Bernhardt, director of Retired and Annuitant Pay for the Defense Finance and Accounting Service.

"Many of the retirees we support have wives, husbands and families who are left with unfinished business when the retiree passes away. Unfortunately, many have no idea that action is required to notify the accounting service of the death in order to avoid overpayments of retired pay."

In addition to maintaining the pay accounts of active and reserve military members, the organization administers the Military Retirement Fund and pays approximately 2 million

retirees each month.

"We make every effort to strike a balance," Bernhardt said. "On one hand, we need to make sure each retiree is paid the right amount on time. On the other, we have a responsibility to safeguard the fund on behalf of the American taxpayers. When a retiree dies, his or her entitlement to retired pay ends and any payments made after that must be recovered."

The accounting service is required to recover all overpayments. In many cases, this means simply transferring funds from the retiree's bank account back to the service. However, if the funds have been spent or distributed, debt collection efforts can be initiated to reclaim the money. This can be especially difficult for elderly spouses.

When a military retiree dies, a number of federal, state and local agencies have procedures for notifying the military. These include the Social Security Administration, Veteran's Administration, military service casualty assistance offices, and state and local veteran affairs offices. Overpayments occur when spouses and families fail to contact these agencies, or the accounting service itself, and notify them that the deceased was a military retiree.

"It falls to the spouse, children or close friends to take care of many things," Bernhardt said, "including the termination of retired pay. In many cases, the survivors don't know the requirements or procedures. Months later, they are burdened with collection efforts. It's a situation that can be lessened or eliminated

with a bit of planning."

The casualty assistance offices of the Army, Navy, Air Force and Marine Corps encourage retirees to develop a checklist for their spouse and families to help them navigate the difficult transition when the retiree dies. Most military base casualty assistance or retired affairs offices can help in completing this list, or lists can be downloaded from the Internet from service and veteran organization Web sites.

According to Bernhardt, a few hours spent gathering the information for the list will save months of aggravation and grief later on.

"The checklist can be kept with a retiree's will and other legal documents. When the time comes and those documents are needed, the checklist is ready to guide the survivors through the legal and governmental processes. I would recommend putting the notification of DFAS near the top of the list."

The organization's Retired and Annuitant Pay Services maintains a customer contact center staffed with experts in all aspects of retired pay. The center can be contacted at (800) 321-1080. Callers who select the menu option for death notifications receive a higher priority and are routed to staff members who can assist them in terminating retired pay and initiating the process for survivor's benefits.

A survivor's checklist can help eliminate the unwelcome surprises in life, allowing more time to enjoy the benefits the military retirement. As Benjamin Franklin observed, "An ounce of prevention is worth a pound of cure."

Advertisement

Range Closures

Today – AB, AC, AD, AF, AG, AN, AU, AV, AY, T1, T1A, T2
Friday – AB, AC, AD, AF, AG, AN, AU, T1, T1A, T2, T3
Saturday – AB, AC, AD, AF, AN, AU, AW, T1, T1A, T2, T3
Sunday – AB, AC, AD, AF, AN, AU, T1A, T2, T3
Monday – AB, AC, AD, AF, AL, AN, AU, AW, T1, T1A, T2, T3
Tuesday – AB, AC, AD, AF, AG, AM, AN, AU, AY, T1, T1A, T2
Wednesday – AB, AC, AD, AF, AL, AN, AU, AW, T1, T1A, T2, T3
For more information on range closures, contact Range Control at 533-7095. Closures are subject to change.

Oasis Cafe

The Post Chapel sponsors a coffee house for initial entry training students on selected Friday nights: 7-10 p.m. on June 10, 24, July 8, 22; Aug. 12, 26; Sept. 9, 23. This provides soldiers a safe environment, plenty of snacks, board games and music. Volunteers are needed to help with baking and volunteering on-site, 6 p.m. – 10 p.m. on those Friday nights. Baked goods should be delivered to the Main Post Chapel by noon the day of the event.
The Oasis Cafe is located in the Prosser

Village Chapel Annex on the corner of Bissel and Stein Rd. For more information, call Josephine Moore at 533-4748.

Music Workshop

A music workshop will be held at 6 p.m. – 9 p.m. on June 10 and at 9 a.m. – 3 p.m. on June 11 at Kino Chapel. There will also be a concert at 6:30 p.m. – 9 p.m. on June 11. The workshop is open to all Fort Huachuca chapel participants and the concert is open to the entire post and surrounding community. For more information, call 520-803-6279 or 533-4711.

Road paving

The Directorate of Public Works will be repaving Butler Road between Christy Avenue and the Canelo Road and the Gatewood Road intersection. The repaving is expected to be completed by July 1. The road will remain open while the repairs are underway. For more information, call 533-1443.

Office closure

The NETCOM/9th ASC, ACofS, G8 will be closed June 30 at 11 a.m. for the annual picnic. The office of ACofS, G8 will be minimally staffed during this time. For more information, call Fran Lopez and 538-6881.

University visits post

The Grantham Military Scholarship program is available only to active duty, reservists, national guardsmen, and other military service members who qualify for Tuition Assistance benefits.

Scholarship recipients may take advantage of Grantham University’s “Fast Track Degree Programs.” Grantham’s degree programs are self-paced and self-directed and can be completed from wherever you are stationed.

A Grantham representative will be at the Fort Huachuca Education Center to talk to students and customers who would like more information concerning their programs. Come over to Bldg 52104, June 14 between the hours of 10 a.m. – 2 p.m. and find out about what they offer. For more information, call Marva Kemp at 1-800-955-2527, ext. 240.

AAFES program

A corporate decision has been made that AAFES will use the national program “Code Adam” in all Main Stores. The program is to help protect children in our stores. During the next few weeks, training facilitators will be training all managers, supervisors and asso-

ciates in the main stores only. Training facilitators can obtain the video about “Code Adam” from your area Loss Prevention manager. They can also help with the training if they are available. For more information, call Stan Young at 458-7211 ext. 14.

Robo-Tech Camp

The Joint Interoperability Test Command and the National Science Center will host the first ever DISA Field Site Robo-Tech Camp. The camp will be held at 8:30 a.m. – 3:30 p.m. on July 11 – 15 at the JITC building 57305. Students who will enter the 6th – 8th graders in the fall of 2005 are eligible to participate. Participants will be chosen based on completion of an essay. Camp students will learn how to program the robot to complete simple to complex challenges, including a Mars Rover challenge. Essays can be submitted via e-mail to JITC_camp@disa.mil, faxed to 533-4825, or mailed to Joint Interoperability Test Command, ATTN: JTDA (Mr. Kaczkowski), P.O. Box 12798, Fort Huachuca, AZ 85613-2798. The cost for this camp is \$100. For more information, call Anita Bickler at 538-5018 or Chris Kaczkowski at 538-5439 or send an e-mail to JITC_camp@disa.mil.

Chaplain’s Corner
Springtime in the southeast Arizona Theatre of operations, part two

BY CHAPLAIN (CAPT.) SCOTT DANIEL

504TH SIGNAL BATTALION CHAPLAIN

This article is a continuation from the 22 edition of The Fort

Huachuca Scout, published June 2.
We can see all the good stuff but not catch on to what a great time of year it is. We act like we’re from Missouri ... You gotta show us! That always makes me think of St. Thomas. Thomas the

Doubter, or as he is known to me, “Thomas the Thick-Headed.” I call him thick headed because of his history. Of the 12 disciples, only Thomas and Judas were not present at the Resurrection. Judas had hung himself and Thomas

was probably just too lost and depressed to hang out with his buddies, the other 10. Then one day they see him and tell Thomas of the good news.

(Article to be continued next week)

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

<u>Main Post Chapel</u>		
CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7p.m.
MCCW	1st Friday	7 p.m.

Protestant

<u>Main Post Chapel</u>		
PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.

Kino Chapel

Women’s Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		
Adult/Youth	Sunday	8 a.m.
Sunday School		

Youth Church	1st, 2nd, 3rd, 5th Sunday	
Men’s Choir	Tuesday	7 p.m.
Rehearsal		
Women’s Choir	2nd Tuesday	7 p.m.
Rehearsal		
Adult Bible Study	today	6 - 7 p.m.
Youth Bible Study	today	6 - 7 p.m.
Sanctuary Choir	today	7 p.m.
Rehearsal		
Youth Ushers	Saturday	10 a.m.
Youth Choir	3rd Saturday	10:30 a.m.
Youth Emphasis	4th Saturday	

Saturdays		
Drama Team	Saturday	8:30 a.m.
Youth Min. Staff	Saturday	10 a.m.
& Parents Meeting		
Youth Choir	Saturday	10:30 a.m.
Rehearsal		

Murr Community Center

Teens and	Sunday	9:20 a.m.
Pre-teens Study		
Parish Council	1st Sunday after service	

Meetings		
Women’s Ministry	2nd Sunday	
Meetings		
Youth Ministry	3rd Sunday	
Meetings		
Adult Usher	4th Sunday after service	
Meetings		
Men’s Ministry	Saturday	8 a.m.
Bible Study		
Women’s Choir	5th Saturday	11 a.m.
Rehearsal		

Muslim Prayer

Friday	11:30 a.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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Advertisement

TRAINING, from Page A6

tions, according to the Department Of Defense Training Transformation Implementation Plan.

For example, cultural and language training is being implemented into current Army deployment workups, said Mayberry. The incorporation of foreign speakers is being done to be able to present answers to tactical level problems to the individuals.

The Army, through its force rebalancing efforts, has begun taking individuals with field artillery backgrounds and sending them to Fort Dix, N.J., for military police training, said Mayberry. There is not a great deal of demand for field artillery currently so those individuals are being cross-trained to fill the need for military police.

“This will meet the drive of individuals managing their own careers and focusing on self development,” said Mayberry. “It will also get individuals cross-trained in other areas to broaden the base for which they deploy.”

The Joint National Training Capability will provide the ability for all the services to participate in real-time, simulated training, said Mayberry.

“The idea is to make service specific events more joint in character,” said Mayberry. “We can’t have everyone in one place at one time. This will give them the means to plug into the event from their home station.”

Mayberry said the joint training capability will give command staffs and units a live, virtual (person in a simulator) and constructive (computer-generated) environment that will eventually be available globally. Active and Reserve component members from all services will be able to train in this realistic venue.

Eventually it will incorporate a larger training audience that includes coalition partners and federal, state, local and nongovernmental agencies, also noted Mayberry.

The last facet, Joint Assessment and Enabling Capability, focuses on the process of anticipating and evaluating the development of the training transformation.

This process includes the use of performance assessment tools, techniques, policies, and metrics, in support of national security requirements, according to the DoD transformation plan. It will give leaders the guidance necessary to achieve transparency between training and operations and ultimately making the force more adaptable.

The Army’s posture statement indicates the objective is to increase the ability to think and act jointly, and to provide Soldiers with the latest and most relevant techniques, procedures and equipment that will make them successful on the battlefield.

Training transformation improves joint force readiness by enabling personnel to think in terms of the joint concepts and build

upon service education and training, said Mayberry.

“As the Army goes through its modularity, its modernization and fielding its future combat systems, training transformation must really be ahead of that to be sure these training enablers are in place,” said Mayberry. “We must support future concepts from a joint perspective and not just from a single service perspective.”

For more information on Army transformation, visit www.army.mil and for information about the Department of Defense training transformation, visit www.t2net.org.

STAR, from Page A4

roic or meritorious achievement in combat zones.

“It’s an honor that people I work for thought highly enough to recommend me, and the command thought enough of me to approve it,” Baynes said.

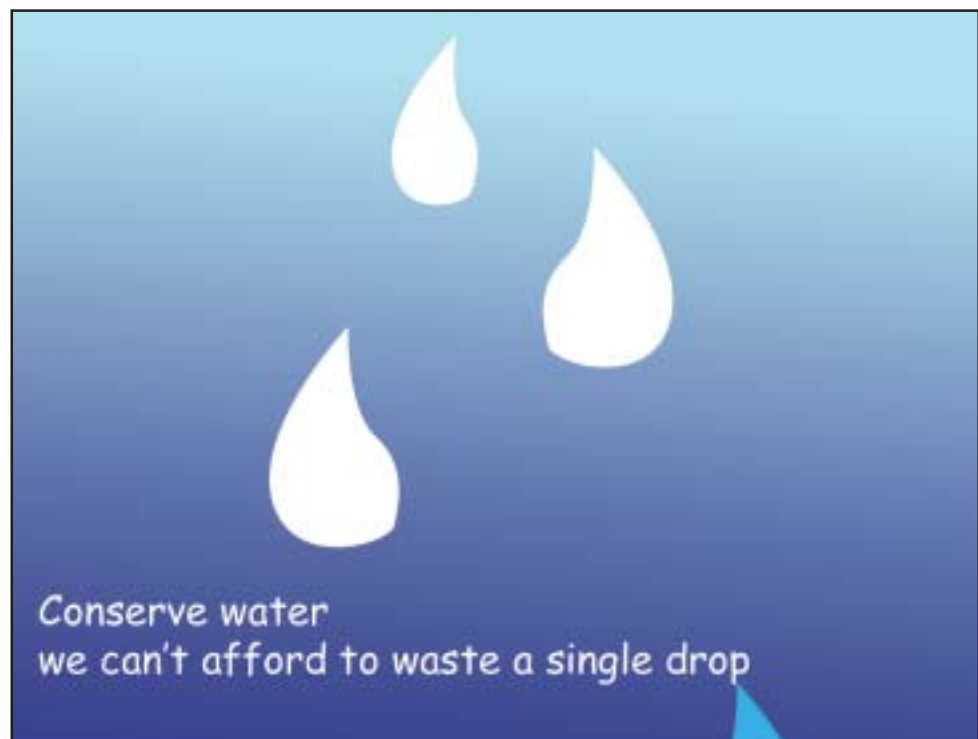
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Emergency evacuation tips for the disabled

SCOUT REPORTS

Create a support network to help in an emergency. Tell them where you keep your emergency supplies. Give one member of your support network a key to your domicile. Contact your city government's emergency information management office. Many offices keep lists of disabled people so they can be located in an emergency. Wear medical alert tags or bracelets to help identify your disability. If you are dependent on dialysis or other life sustaining treatment, know the location of more than

one facility. Show others how to operate your wheelchair. Know the size and weight of your wheelchair, in addition to whether or not it is collapsible, in case it has to be transported. Additional supplies for people with disabilities: prescription medicines, list of medications including dosage, list of any allergies, extra eyeglasses and hearing-aid batteries, extra wheelchair batteries, oxygen. Keep a list of the style and serial number of medical devices. Medical insurance and Medicare cards. List of doctors, relatives or friends who should be notified if you are hurt.



Advertisement

A day in the life of ... a drill sergeant

A day with the drills of Company E, 309th Military Intelligence Battalion



Photos by Spc. Marcus Butler

Above: Drill Sgt. Adam Hanson, Co. E, 6th Platoon, 309th Military Intelligence Battalion, inspects a Soldier's room during a phase up.
Right: Drill Sgt. Strati Young, from Co. E, 309th Military Intelligence Battalion, has the company in the front lean and rest position after Co. E failed to sound off properly with the company motto.



The “A day in the life of ...” feature covers interesting people, places and things around post. If you have suggestions for “A day in the life of ...” photo feature, please submit to thescout@hua.army.mil.





Above: Drill Sgt. Strati Young, from Co. E, 309th Military Intelligence Battalion calls the company to attention preparing them to move out to lunch.

Below: Drill Sgt. Adam Hanson, Co. E, 6th Platoon, 309th Military Intelligence Battalion, distributes mail to Soldiers.

Right: Drill Sgt. Robert Ruggere, Co. D, 309th Military Intelligence, looks on as the Initial Entry Training Soldiers file into the dining facility for lunch.



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Service News

Coalition aircraft delivers humanitarian aid in Afghanistan

U.S. Air Force C-130 Hercules based in Southwest Asia delivered more than 50,000 pounds of civil assistance cargo to Afghans during four airlift missions May 18 to 30 supporting Operation Enduring Freedom.

Coalition aircraft airdropped more than 6,000 pounds of humanitarian aid bundles near Kandahar, Afghanistan, on May 30. These air drops were part of the larger civic assistance program Combined Joint Task Force 76 that officials initiated to run concurrent with their maneuver operations.

“As coalition ground forces interact with the local people, they are constantly on the lookout to improve (the citizen’s) health and welfare,” said Army Chief Warrant Officer John Robinson, battlefield coordination detachment plans officer. “The air component has been extremely supportive in pre-positioning both aid bundles and aircraft to quickly meet the needs of the

ground component. Afghans, particularly women and children, benefit from this vital assistance.”

On another mission, coalition aircraft delivered more than 15,000 pounds of needed supplies in the Oruzgan Province on May 24. This delivery assisted the efforts of the Lashkar Gah provincial reconstruction team in the Baghran Valley, officials said.

This team’s visit is significant to that area, because it has been a traditional stronghold for the Taliban until recently when leaders there pledged support for the government of Afghanistan, an Army Task Force Bayonet spokesman said.

Coalition aircraft also delivered two loads of humanitarian supplies totaling nearly 30,000 pounds May 22 near Jalalabad, Afghanistan, and pre-positioned several bundles May 18 of civil assistance and humanitarian aid within the theater to quickly provide needed resources, officials said.

These airdrops are important to engaging the Afghan people and it is vital that their contents

are available for quick delivery, Chief Warrant Officer Robinson said.

In recapping one of these airdrop missions, Lt. Col. Michael Minihan, 745th Expeditionary Airlift Squadron commander, said it was a monumental effort.

“In the C-130 community, airdrop — combat airdrop — is the crown jewel,” he said. “Think about all the moving parts, all the potentials for breakdowns and all the people that touched this mission. Think about the young crew flying (more than) 1,000 miles to the drop zone and arriving on time, almost to the second, and delivering the goods. It’s simply amazing.”

Each load of humanitarian assistance contains items, such as food, water, blankets, school supplies, tools and other items to aid Afghans.

More than 100,000 pounds of humanitarian aid cargo has been delivered to Afghans since October, according to U.S. Central Command Air Forces records.

Advertisement

Ultimate sacrifice paid in support of OIF

Spc. Carrie L. French, 19, of Caldwell, Idaho, died Sunday in Kirkuk, Iraq, when an improvised explosive device hit the front of her convoy vehicle and detonated. French was assigned to the Army National Guard's 145th Support Battalion, Boise, Idaho.

Two soldiers who were supporting Operation Enduring Freedom were killed on Friday at Forward Operating Base Orgun-E in Afghanistan when their convoy vehicle was struck by an improvised explosive device. They were assigned to the 1st Battalion, 7th Special Forces Group, Fort Bragg, N.C.

The Soldiers were:

Staff Sgt. Leroy E. Alexander, 27, of Dale City, Va.

Cpt. Charles D. Robinson, 29, of Haddon Heights, N. J.

Sgt. 1st Class Virgil R. Case, 37, of Mountain Home, Idaho, died June 1 in Kirkuk from non-combat related injuries. Case was assigned to the Army National Guard's 145th Support Battalion, 116th

Brigade Combat Team, Mountain Home, Idaho.

Spc. Phillip C. Edmundson, 22, of Wilson, N.C., died June 1 in Ar Ramadi, Iraq, when an improvised explosive device detonated near his Bradley Fighting Vehicle during combat operations. Edmundson was assigned to the 1st Battalion, 9th Infantry Regiment, 2nd Infantry Division, Fort Carson, Colo.

Spc. Louis E. Niedermeier, 20, of Largo, Fla., died June 1 in Ar Ramadi, Iraq, when his unit was conducting combat operations and he came under enemy small arms fire. Niedermeier was assigned to the 2nd Battalion, 17th Field Artillery Regiment, 2nd Brigade Combat Team, 2nd Infantry Division, Fort Carson, Colo.

Sgt. Miguel A. Ramos, 39, of Mayaguez, Puerto Rico, died May 31 in Baghdad, Iraq, when an enemy rocket impacted near his position. Ramos was assigned to the Army Reserve's 807th Signal Company, 35th Signal Battalion, Juana Diaz, Puerto Rico.

Sgt. 1st Class Steven M. Langmack, 33, of Seattle, Wash., died May 31 in Al Qaim, Iraq, from injuries sustained from small arms fire during combat operations. Langmack was assigned to Headquarters, U.S. Army Special Operations Command, Fort Bragg, N.C.

Staff Sgt. Victor M. Cortes III, 29, of Erie, Pa., died May 29 in Baghdad of non-combat-related injuries. Cortes was assigned to the 703rd Forward Support Battalion, 3rd Infantry Division, Fort Stewart, Ga.

Three soldiers who were supporting

Operation Iraqi Freedom died May 24 in Baghdad when an improvised explosive device detonated near their HMMWV. They were assigned to the 1st Battalion, 76th Field Artillery, 4th Brigade Combat Team, 3rd Infantry Division, Fort Stewart, Ga.

The Soldiers were:

Sgt. Charles A. Drier, 28, of Tuscola, Mich.

Spc. Dustin C. Fisher, 22, of Fort Smith, Ark.

Pfc. Jeffrey R. Wallace, 20, of Hoopeston, Ill.



Advertisement

Pre-concert party set for June 17 at Dillon's

Save on advance tickets for Jo Dee Messina, Carrot Top, June 23 at LAAF

The 2005 Miller Lite Army Concert Tour is coming to Libby Army Airfield, Fort Huachuca, June 23. Gates will open at 6:30 p.m., and the show will start at 8 p.m.

Headlining the show will be award-winning, multi-platinum recording artist Jo Dee Messina, along with one of the most popular and successful comedians in America, Carrot Top. The concert is open to the public.

Plan to attend the pre-concert party, 4 - 6 p.m., June 17, at Dillon's, 6415 Hwy 90, Sierra Vista. There'll be lots of prizes given away, including tickets to the concert. You will be able to purchase \$15 advance tickets at the pre-party, if you're not one of the lucky winners.

There will be easy access from off-post, with the route to the concert simplified for the public's convenience. The East Gate will be used exclusively for concert attendees, providing direct access. Concert access will be controlled, but



Jo Dee Messina

well-marked and quick.

Tickets for the show are on sale now at the ITR Office, Desert Lanes, MWR Rents, Spur Western Wear locations, and area Safeway stores. General admission ticket prices are \$15 in advance and \$20 at the gate.

Tickets for active duty military E5

and above are \$12 in advance and \$15 at the gate. (These tickets must be purchased at one of the on-post locations.) E4 and below active duty military will be admitted free, with a ticket. Junior enlisted Soldiers should contact their unit sergeant major for more information. Children five and under will also be admitted free.

Although she is billed primarily as a country artist, Jo Dee Messina has also had considerable success in the pop/rock field, with her huge crossover hit, "Bring on the Rain."

Since her debut in 1996, Messina has had nine number one songs, two number one albums, and has sold more than 5 million albums. She has received critical acclaim for her explosive singing style and electrifying performances.

Messina has been honored by the Country Music Association, the Academy of Country Music and the Grammy Awards.

The co-star of the show, Carrot Top, stars for 15 weeks each year in



Carrot Top

Las Vegas at the MGM Grand, headlines another 100 plus concerts across the country and makes dozens of television appearances.

Coming up at Desert Lanes

Desert Lanes presents "Rock 300," 7 - 11 p.m., every Friday and Saturday. You can bowl for four hours, including the cost of shoes, for the reduced price of \$12.

A mixed Scotch doubles tournament will be held starting at 12:30 p.m., Saturday and Sunday. Bowlers will roll four games across eight lanes. Entry fee is \$10.

June 18 and 25, the nine-pin, no-tap tournament continues. Entry fee is \$12 per person, per week.

Desert Lanes will offer the following Father's Day special, all day, June 19: dads bowl for free, and kids bowl for \$1.50 per game; shoe rental will be \$1.50.

For more information, call 533-2849.

Family Day at Irwin Pool

Every Thursday is "Family Day" at Irwin Pool. All day Thursdays, adults can swim for \$1.50 and children for 75 cents.

Irwin Pool's summer hours are: 11 a.m. - 7 p.m., Monday, Thursday, Friday, Saturday and Sunday. Irwin Pool is closed Tuesdays and Wednesdays.

For more information, call 538-3858.

Right Arm Night is June 17 at TMAC

The next Commanding General's Right Arm

Night, will begin 4 p.m., June 17 at Thunder Mountain Activity Centre.

Right Arm Night is a great opportunity to relax and socialize. Pay-as-you-go beverages and finger foods will be available. For more information, call 533-3802.

Summer hours at Arts Center

The following summer hours are now in effect at the MWR Arts Center: 9 a.m. - 5 p.m., Tuesday - Saturday. The Arts Center is located in Building 52008 on Arizona Street. Call 533-2015 for more information.

Trail rides at Buffalo Corral

Buffalo Corral offers sunset trail rides 6 - 8 p.m., every Thursday, through August 25. These rides are open to the public, ages 7 and up. The price is \$13.50 for authorized MWR patrons and \$19 for civilians. Reservations and pre-payment are required by close of business the Sunday before the ride.

The corral will offer a special combined sunset/moonlight trail ride, 7 - 9:30 p.m., June 23. Cost is \$17 per person for the two and one-half hour ride. Reservations and pre-payment are required by close of business the Sunday before the ride.

Weekend trail rides are held 9 - 11 a.m. and 1 - 3

p.m., every Saturday and Sunday. The price is \$13.50 for authorized MWR patrons and \$19 for civilians. Reservations and pre-payment are required by close of business the Friday before the ride.

Buffalo Corral is open 9 a.m. - 4 p.m., Thursday - Sunday. For more information, call 533-5220.

Barnes Pool closed for swim meet

The pool at Barnes Field House will be closed June 25 and 26 to host the Thunder Mountain Aquatic Club Swim Meet. For more information, call 538-3858.

Bingo to close temporarily, relocate

The MWR bingo program will close at its current location. The last day of play at LakeSide Activity Centre will be June 19. Bingo will remain closed June 21, 23 and 25, and will re-open at Thunder Mountain Activity Centre beginning at 12:45 p.m., June 26.

To celebrate the move and to thank patrons for their loyal support, from 11:30 a.m. to 3 p.m., June 26, in addition to the regular bingo session, patrons will be able to enjoy free soft drinks, a free brunch buffet and several giveaways.

The bingo schedule at TMAC will be as follows: Tuesdays, Thursdays and Saturdays, bingo starts at 6:45 p.m.; Sundays, bingo starts at 12:45 p.m.

For more information, call TMAC at 533-3802.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com



Movies

The Interpreter plays at 7 p.m. Saturday at Cochise Theater. For the complete listing of this week's movies, see Page 28.

Hunter chosen as CISM rep to South Africa

BY SGT. JOY PARIANTE
SCOUT STAFF

Fort Huachuca's Garrison commander will be the senior United States representative at the Conseil International du Sport Militaire (International Military Sports Council) Boxing Championships in South Africa later this month.

Col. Jonathan B. Hunter will be serving as the chief of mission for the United States delegation in Pretoria, South Africa.

"I am humbled and honored to go," Hunter said. "I'm really very excited."

Hunter was nominated and selected for the duty by Armed Forces Sports. He said this nomination is not the result of something he's done but the efforts of the Morale, Welfare and Recreation and Fort Huachuca teams that have made boxing on post such a success.

"Based on the commander's [Hunter's] superbly coordinated effort and execution of the 2004 CISM Boxing Championships at Fort Huachuca and his positive attitude toward the CISM philology, "Friendship through Sport," the group voted unanimously to select him ... to represent the United States and the U.S. Armed Forces Boxing Team in South Africa," said Leslie Woods, chief, sports division, MWR.

"This is the result of incredibly hard work from the MWR team and Fort Huachuca and their support of All Army Boxing, Armed Forces Boxing and CISM," Hunter said of his nomination. "This is not a recognition of Colonel Hunter, but recognition of Fort Huachuca and the important role that Fort Huachuca has played in military boxing the past few years.

Hunter added that he wished he could take everyone who has made the sports program on Fort Huachuca so exceptional with him on this trip.

The last CISM boxing competition was held at Fort Huachuca and was praised by the CISM president as the best CISM competition ever conducted, Hunter said. "It set the standard for all CISM competitions."

Fort Huachuca has also been chosen as the site for the next CISM volleyball championships. Fort Huachuca competed against both U.S. Armed Forces and foreign army installations for the opportunity to host volleyball. "It's a great honor for Fort Huachuca to be chosen twice to host CISM competitions," Hunter said.

Hunter also said that he enjoys being a part of military sports because of all the opportunities it gives Soldiers who are also athletes. CISM is so important, Hunter said, because it provides a venue for exceptional military athletes to make their mark at an international level.

Hunter and the U.S. Armed Forces Boxing team will head to Pretoria, South Africa for CISM from June 29 through July 9.



Photo by Cpl. Dexter Floyd

All wet

Members of the Headquarters, Headquarters Company U.S. Army Garrison family start a water balloon fight after a failed game of pass the balloon. Scorpion Soldiers and family members enjoyed face painting, a jumping castle, a dunk tank, games and barbeque during HHC's Organizational Day Friday. U.S. Army Garrison's responsibility is to provide daily post support to keep the fort running.

Risks regarding water consumption

BY GEORGE R. COLFER, PH.D.
CONTRIBUTING WRITER

The time to be concerned about heat stress conditions and water intake has arrived. The first burst of summer heat began in mid-May

with temperatures close to 100 degrees in the Fort Huachuca area.

Dehydration is especially a problem in the warmer months and whether you are military or civil-

See **WATER**, Page B2

Silent Warriors whap Scorpions in softball competition

BY NANCY M. DICKINSON
SCOUT STAFF

The Company B, 305th Military Intelligence Battalion's "Silent Warriors" overcame a six-run deficit to defeat the Company C, 40th Signal Battalions "Scorpions," June 2 in Fort Huachuca softball competition.

The Warriors weren't just down in runs scored either. Due to earlier injuries to first baseman Glenn Patterson and player/Coach Gary Jones, the team played the entire game a man short, giving the Scorpions an even bigger advantage.

"Company C is a good team, but that was their second game back-to-back so we caught them a little weary," Jones

said. "We jumped ahead in the third inning and managed to maintain the lead and hold them off till the end."

The Warriors comeback began in the second inning when they scored seven runs. After that, both teams fought hard until a fifth inning close call on a play at home plate resulted in Warrior Frank Widner beating Scorpion catcher Jamal Ellison's tag to put the Warriors in the lead for good.

The Warriors had 17 hits and 14 runs in the game, while the Scorpions had 22 hits with 12 runs.

Unit softball games are played every Monday through Thursday, weather permitting, at Pauley Field. The game times are at 6, 7 and 8 P.M.

WATER, from Page B1

ian, maintaining proper hydration has been encouraged for the past 35 years. Athletes and others were warned about the dangers of dehydration, not only affecting performance, but for health reasons also. This happened when scientists determined a connection between dehydration and an elevation in body temperature that can lead to heat stroke. This raised a caution flag regarding water intake for active people in sport, fitness, work and the military.

Earlier eras in sport practiced and played without water deeming it unnecessary and a sign of weakness. Particularly affected were high school and college football players in the 1950's to the late 1960's where seldom a water bucket was seen on the practice or game field. Heat-related incidents were considered a lack of conditioning on the athletes' part and not one of dehydration. The turnaround to using frequent water breaks and sports drinks during sport and fitness participation was considered a new breakthrough to maximize sport performance.

We are now experiencing a 180 degree turn with the more fre-

quent occurrence of "hyponatremia" which is a condition that happens when people overindulge in water consumption. It's caused when the body's sodium level falls below normal as a result of salt loss through perspiration. The excess water dilutes the sodium in the bloodstream which causes the brain to swell and push out against the skull. The result of hyponatremia can be as serious as heat stroke. Its symptoms start with nausea, vomiting, cramps and overall body weakness. In severe cases, it can cause seizures, a comatose state and even death.

Studies have shown that most exercise-related hyponatremia occurs when the exercise duration exceeds four hours. This could be a factor also in military training and combat operations. However, one cannot completely rule out shorter periods of exercise or activity as cases have been reported in the range of two hours, but the symptoms are usually less severe starting with nausea and leg cramps, all of which can seriously affect performance.

What constitutes excessive water intake can occur by pre-activity intake where one gorges

the body with water prior to starting activity and followed by drinking too much fluid too frequently during the event. Hyponatremia can also occur without the pre-loading by excessive and too frequent consumption during participation, when overdrinking dilutes sodium to below normal levels.

Another term for hyponatremia is "Water Intoxication." If one thinks in terms of alcohol intoxication, which occurs by drinking too much of an alcoholic beverage at one setting or over a period of time, it is easy to understand how water intoxication occurs.

This is not to say that water or fluids during activity should not be consumed. By all means, proper hydration is necessary to ward off the effects of heat stress. One should not abstain from drinking fluids during activity, but certain guidelines should be followed. New recommendations from the American College of Sports Medicine will include the following: 1. Drink only when thirsty. 2. Drink as much as you sweat. 3. During long sustained activity, you drank too much if your bodyweight afterwards is more than when you started. The

International Marathon Medical Directors Association advocates that during sustained running, drink no more than one cup (8oz.) of fluid every 20 minutes.

Most deaths and serious illness have occurred in marathon or iron man-type competitions. Women tend to be more prone to hyponatremia as well as those who are less-conditioned (judged by their event finishing times). A sport scientist noted for overdrinking research stated to drink only when thirsty because the body will instinctively know when water is needed. Others, however, say that this is an impossible standard to measure.

People living in desert climates know the importance of water. More cases of heat stress occur than water intoxication. Both, however, can be prevented by using good judgment and following some fundamental guidelines which can be applied to all types and duration of physical activity whether it be for work, sport, fitness or military purposes.

1. Always have water available and know where to get more if needed.

See **WATER**, Page B7

Sierra Vista 50th Anniversary

Countdown: Sierra Vista turns 50 in 50 weeks

EDITORIAL COMMENT:

The city of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout," showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has

been in publication for 51 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from the June 2, 1955 "Fort Huachuca Scout" - FIRST ANNIVERSARY EDITION

Top Soldiers of 62nd Sig Co Get Breakfast in Bed

To be served breakfast in bed is living the "Life of Riley," but to be served by your company commander with the battalion commander looking on approvingly, is really "living it up." And the other day, 1st Lt Donald Wfethuechter, the commanding officer of the 62nd Sig Co, 504th Sig Bn, did

serve, with the aid of his company officers and First Sergeant, four of his men breakfast in bed. The four men were Corporals Frederick Connors, Jack French, Bruce Sweringen, and Ed Theisen.

The event was a celebration of the fact that a member of the company had again won Post Soldier-of-the-month. This makes the third time in the past six months that this honor had been won in this unit. As a matter of fact, the four men above have won Soldier-of-the-month honors five of the past six months in the 505th Signal group. Corporal Sweringen has won both 505th Group and Post honors twice during this period.

Maj. Arthur A. Bennett, 504th Sig Bn commander, and Maj Thomas J. Speer, battalion executive officer, were on hand to observe the activities and lend a hand.

The precedent of winning Soldier-of-



the-month so often by men of the 62d Sig Co was set while the company was at Fort Lewis, Wash. There the record was two wins in four months of competition.

On June 2, 1955 "The Huachuca Scout" also featured the following:

Ed Sullivan, syndicated Broadway columnist and head man of TV's "Toast of the Town" has signed with Warner Bros. to produce and star in a picture based on his life. One of his recent video shows originated from the deck of the battleship Wisconsin while the battle wagon was on a visit to New York.

Arizona Tourist The Old West, “Hollywood Style,”

BY NANCY DICKINSON
SCOUT STAFF

It's been said you can tell a good Zane Grey novel if as you read it you can smell the horse manure and gun smoke. Apparently, Grey based his novels on a visit to Old Tucson, Mescal or Gammon's Gulch movie studios and sets, all within 90 miles of Fort Huachuca.

Old Tucson, hidden in the foothills west of Tucson, just off I-19, is a movie set with a history

dating back nearly 70 years. The buildings are authentic looking 1890's western United States with a saloon, theater, photographer's studio (where visitors can get sepia style photos in costume), a church complete with graveyard (don't forget to read the tombstones) and a train depot. For the movie buff, the walls of all the buildings are riddled with old movie posters from films that have been created there

There are also food and drink stands as well as small games and



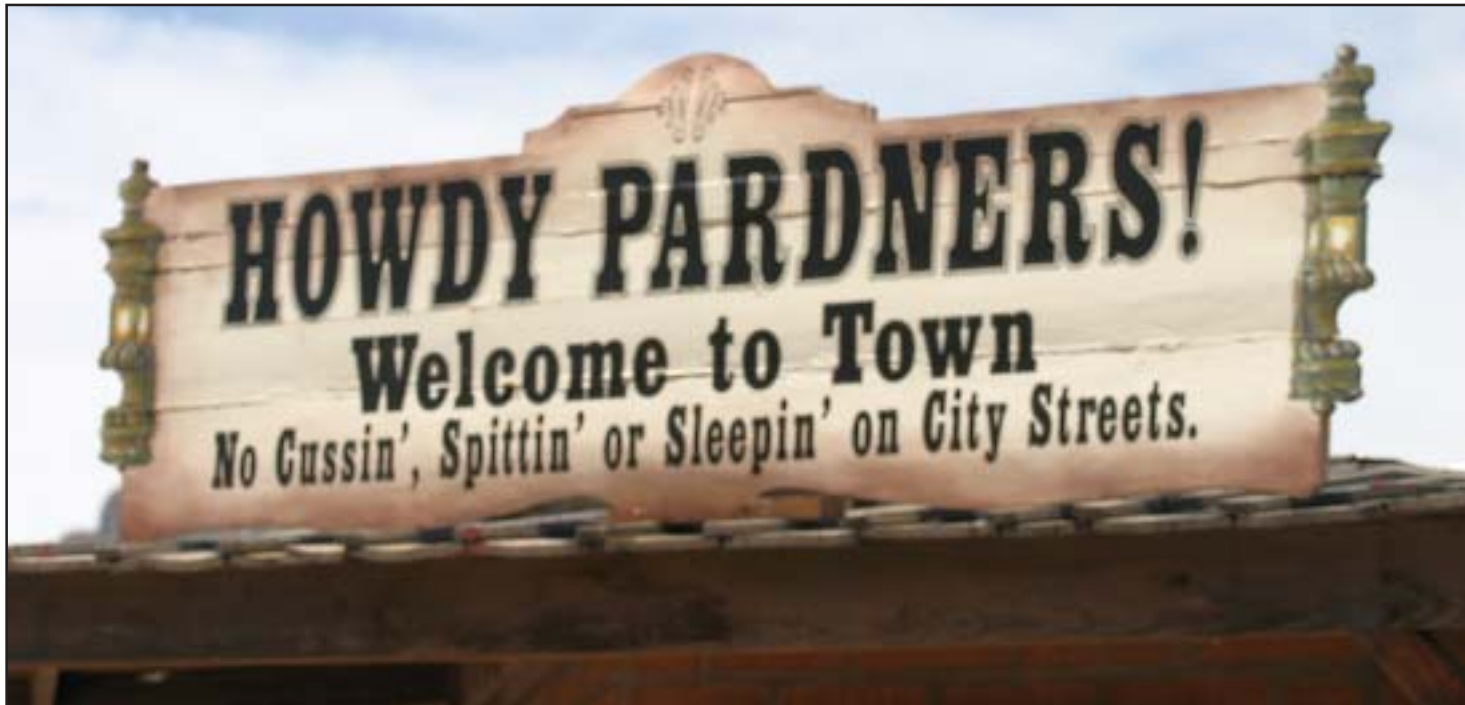
Photos by Nancy Dickinson

rides for the kids, including a train that takes the rider on a tour of the

outside border of the studio while giving them a taste of what life might have been like for the likes of Wyatt Earp, Doc Holliday or Bat Masterson. There are also antique cars for the youngster too small to drive a car on the roads.

The site offers various shows for the amusement of all with guided tours beginning at the Town Hall (a museum of the history of Old Tucson), a walking show of the sheriff arresting the bad guy and Professor Nimbus' Elixir Show where potions and notions are sold by Professor Cornelius Nimbus. If you get hot you can catch one of the shows throughout the day at the Grand Palace Theater. During the week, staffing is minimal and some rides and attractions may not

See **OLD TUCSON**, Page B7



Advertisement

Advertisement

Advertisement

Huachuca club hike

Saturday, the Huachuca Hiking Club will do a 7.5 mile loop hike from between Brown and Ramsey Canyons. They will meet at 7:30 in Po' Folks parking lot (7th and Fry). Total elevation gain is about 2,100 feet. The hike will include the Brown Canyon Box, views of Ramsey Canyon Box, grave sites, a mine, and running streams. The hike is open to the public. Hikers should bring water, sun screen, hat, and lunch. For more information, call Rod Crick at 586-9828.

Free tickets to Sidewinders game

Active duty military, National Guardsmen, Reservists, retired servicemembers, fort civilian employees, contractors and their families have been offered free tickets to the annual Tucson Sidewinders Military Appreciation Night, June 17, at Tucson Electric Park.

The tickets are available at the Fort Huachuca Public Affairs Office on a first-come, first-served basis.

The gates at the ball park open at 6 p.m. Baseball action between the Sidewinders and the Portland Beavers begins at 7 p.m. Fireworks will follow the game.

After the fireworks, the Sidewinders invite families to "Sleepover night" whereby they may bring a tent (no spikes) and camping gear (no grills or campfires) and set up in the outfield.

For more information, call the public affairs office at 533-2752.

Photo camp

MWR will be hosting a Summer Photo Camp for youth ages 10 and up. The camp will be from 10 a.m. to 2 p.m. on June 14, 21, 28 and

July 5 at the MWR Arts Center, Building 52008. The cost of the camp is \$75 per student, which includes a camera and all materials. For more information, call Ricardo Alonzo or Riki Tarquinio at 533-2105.

Golf Tournament

18th Military Police Detachment will be hosting their 2nd Annual Family Readiness Group Golf Tournament. The tournament will be a four-person team scramble. Tee time is at 7:00 a.m. on June 17 at the post golf course. RSVP for the tournament by 10 a.m. on Friday. The entrance fee for the tournament is \$45 per person; the price includes the green fee, cart and lunch (members and participants with their own carts will have their entrance fees adjusted). Raffle tickets are 6 for \$5 and mulligans are 4 for \$5. There will be prizes for the longest drive, closest to pin and the longest putt. For more information, call Sgt. 1st Class Benny Roberts at 533-5342.

Youth football and cheer

Registration for the Sierra Vista American Youth Football and Cheer is happening from 9:30 a.m. to 3:30 p.m. on June 18 at Big 5 Sporting Goods. Register early to guarantee a position. Volunteers are also needed to help with the event. For more information, call Keith Hampton at 458-2320 or email SVYouthfootball@cox.net.

Summer soccer camps for youth

Youth Services will hold week-long soccer camps for youth ages 5 – 14, the weeks of June 13 – 17, June 20 – 24 and June 27 – July 1. Morning camps will be held 10 a.m.

to noon, and afternoon camps will be held 5 – 6:30 p.m., Monday – Friday.

Cost of the camps is \$25 per child, per week, and each participant will receive a ball and a t-shirt.

Register at the Youth Center Building 49013, across from Smith Middle School, or call 533-3212 or 533-3205 for more information.

Coaches' meeting

There will be a coaches' meeting for the Ultimate Frisbee Tournament at 10 a.m. on June 22 at Barnes Field House. The Ultimate Frisbee Tournament will be held at 9 a.m. on July 2. For more information, call Tom Lumley at 533-5031 or e-mail thomas.lumley@hua.army.mil.

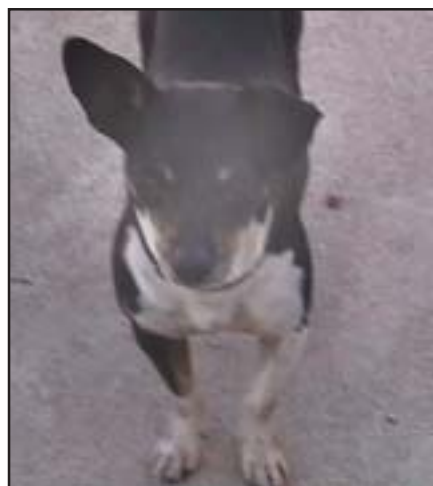
June art exhibits

The Huachuca Art Association, Inc. artists create a wide variety of art that may be viewed at Sierra Vista businesses. In June, the following artists will display their artwork around Sierra Vista: Jane Ballard, Susan K. Boyle, Tiffany Brown, Rebecca Dahlke, Johnnie Eskue, Jan Huthoefer, Anne Kelty, Edie Manion, Sue Olivo, Jane Pitts, and Patrice Plank, and Joan Yadusky at Birders Vista Bed & Breakfast; Jane Ballard and Jan Huthoefer at the Ethel Berger Center; Joyce Geerlings-Griffith at the Windemere Hotel; Sue Olivo at the Bella Vista Water Company; Harlan White at Fidelity National Title at 333 Wilcox Drive; Susan K. Boyle at the Southwest Gas Corp.; Sylvia Rosenkrans and Barbara Sisneros at Fidelity National Title at 2435 E. Fry Blvd., Sue Olivo at Blimpie Subs & Salads at 268 W. Fry Blvd., and Patrice Plank at ACE Hardware. For more information, call Jim Coleman at 249-2702 or Anne Kelty at 459-2217.

Pets Of The Week



Sway is a 2 year-old, male Lhasa Apso mix.



Sox is a 3-4 year old, male Terrier mix.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:

Today -7 p.m.

The Amityville Horror

R

Friday -7 p.m.

Hitchhiker's Guide to the Galaxy

PG

Saturday -7 p.m.

The Interpreter

PG-13

Sunday -2 p.m.

Hitchhiker's Guide to the Galaxy

PG

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day.

Fort Huachuca's Channel 97 will discontinue airing of the weekly Fort Report for a short period of time. Spc. Nate Ludwig, the broadcaster in charge of the report, is leaving the Army and a civilian replacement has not yet been hired. The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



WATER, from Page B2 —

2. Drink when thirst is approaching.

3. Sip small amounts rather than gulp or chug quantities of water.

4. Drink (sip) frequently rather than consume a large quantity at any one time.

5. Ration available water to fit your task duration.

6. If “bloating” or “gurgling” sounds occur, you have consumed too much fluid. Be cautious with intake until symptoms cease.

7. Regardless of the type of activity (hiking, running, mountain biking, etc.) when available water is halfway gone, it's time to return from the activity or to a source of more water. (Editor's note: certain activities such as hiking down into a canyon require an even more aggressive water strategy. Experts usually advise budgeting twice as much water for the hike out of a desert canyon as is consumed on the hike in, since the level of exertion is much higher when you're climbing back out.)

8. One should never extend or continue activity without water. Poor planning can have disastrous results.

Hydration packs have added a new dimension to hydrating during activity. Still, they can be abused and also can run dry. They are meant to “sip” and not to “gulp.” Use common sense and apply the guidelines previously stated.

Heat stress disorders and hyponatremia are real conditions. The purpose of this writing is to inform on the risk of overdrinking, but not to underestimate the risk of not drinking enough. It is a balance between the two. By having knowledge of both, one can make better decisions. Any focus or discussion on hyponatremia should include the same type of information or discussion regarding the conditions associated with dehydration and drinking too little water.

Ask the Dietitian

Know your fats inside and out

BY CAPT. JENNIFER L RODRIGUEZ

REGISTERED DIETITIAN

We made it!! Over the last month we ventured through the exciting world of the New Food Guide Pyramid. This week we take a look at the Oils. The key message here is to “Know Your Fats.” Most foods can be categorized into healthy choices and “not so” healthy choices. The same is true for fats. Choosing the healthiest fats is your mission.

What is a healthy fat? Generally, fats that are liquid at room temperature, high fat fish such as salmon or tuna, and nuts and seeds are the healthy fats. Healthy fats are high in monounsaturated or polyunsaturated fats and low in saturated fats. MUFA and PUFA

contain the “essential fatty acids” that our bodies need, do not contribute to “clogging” of the arteries and in some cases may promote a healthy heart. The best oils to choose are olive oil, canola oil, and soybean oil.

The “not so” healthy fats are mostly solid. Solid or “saturated” fats mainly come from animal foods and are also generally high in cholesterol. Saturated fats contribute to heart disease and should be limited as much as possible. Limit solid fats like butter, stick margarine, shortening and lard. There are two “liquid” fats that contain saturated fat and these are palm kernel oil and coconut oil.

Another concern is something called “trans fat.” These are manmade fats with the same

harmful effects as saturated fat. Trans fats are found in many processed foods and some tub margarines. Be sure to read your food label and choose foods without trans fat.

There are no recommended serving sizes for fats. The amounts you eat depend on your gender, age, and activity level. Remember, choosing the healthiest fats is important, however, fats still contribute calories and should be limited in order to balance your daily intake. Be sure to check out the website at

www.MyPyramid.gov for more information. Happy Eating!

Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

OLD TUCSON, from Page B3 —

be open, but the weekends should probably find everything in order for your visit.

Also available is the original set for the television series “High Chaparral,” the post office used in “Little House on the Prairie,” the mission and the courthouse used in the movie Tombstone and the train used in the movie “Wild, Wild West,” starring Will Smith, Kevin Kline and Selma Hayek.

There is usually a film in production somewhere in or around Old Tucson and currently David Carradine is in town filming Miracle at Sage Creek in Mescal and production recently wrapped for the action-thriller “Taking Charge,” which will feature one of the stars of “American Pie,” Thomas Ian Nicholas.

There is an entrance fee for Old Tucson of \$12.95 for adults, \$9.45 for children age 4 to 11 and children under four are free.

If your interest is geared more towards Hollywood than family entertainment, Mescal, owned by Old Tucson, is the

place to visit. Mescal is located near Benson but is slightly less visitor friendly than Old Tucson. There are no restrooms, phones, electricity or food services located there, but when a film is in production you might just run into somebody famous.

Tuesday, Thursday and Saturday, every hour on the hour beginning at 10 A.M. until 2 p.m. are guided photo and walking tours of the complete set. The entrance fee for Mescal varies according to the type of tour you are participating in, so it would be a good idea to contact them before traveling there.

Gammon's Gulch, located off exit 306 on I-10 in Pomerene, is a combination movie set/museum and has regular tours only during the months of September through May. In the summer months, June through August, tours are available but are by appointment only as summer months are usually busy with filming efforts and the sets are usually closed to the public. Since the operating hours are sporadic, weather permitting, it is highly recommended to contact Gammon's Gulch before

arriving as they might be closed for a film production. The phone number for Gammon's Gulch is (520) 212-2831.

The first movie filmed in Old Tucson, “Arizona” starring Jean Arthur and William Holden, was made in 1939 and the list of credits has grown greatly since then. The record of movies and their stars that have filmed at Old Tucson and surrounding areas reads like a “Who's Who” of Hollywood. John Wayne made four movies at the lots of Old Tucson and Mescal.

Fort Huachuca's Information, Tickets and Reservations office, located in the MWR Rents building, sells tickets and discount coupon books for Old Tucson and other local attractions. For more information, contact ITR directly at 533-2404.

Information for all these places is available on the internet at the following:

Old Tucson and Mescal: www.oldtucsonstudios.com

Gammon's Gulch: www.gammonsgulch.com.